

**Table 9. Health, planning and comprehensive plans by city type.**

	Auburn	Bellevue	Burien	Federal Way	Issaquah	Kent	Kirkland	Mercer Island*	Redmond	Renton	Sammamish	Seattle	Shoreline	King County
City Geographic Classification	Core	Metro	Core	Core	Larger	Core	Core	Larger	Core	Core	Larger	Metro	Larger	
2014 Population	65708	135815	48123	90164	32908	121795	83255	30664	56868	115935	48990	641015	38492	2052800**
<b>Social Determinants of Health (%)</b>														
Population of People of Color (race)	24.2	36.3	30.9	36.4	25.8	39.3	20.4	21.9	33.8	44.4	26.5	30.1	28.7	29.3
No high school diploma (education)	12.9	4.4	16.1	10.5	1.9	15.2	3.5	1.8	4.5	11.6	1.6	6.9	8.6	7.9
Below 200% Poverty (socioeconomic status)	34.0	17.0	39.0	36.4	14.4	35.1	15.4	7.7	15.6	28.9	6.4	26.5	26.2	24.4
<b>Health Outcomes (%) ^</b>														
Self-reported general health is fair or poor	18.4	11.6	23.4	21.2	13.3	14.7	6.2	8.8	8.3	13.3	5.0	11.3	10.1	12.2
Had 14+ bad mental health days in past 30 days	16.8	7.2	15.7	14.0	6.9	13.6	7.0	10.4	8.3	9.8	7.6	10.7	9.4	10.5
Obese (BMI>=30)	35.2	15.6	34.3	26.5	21.6	32.6	21.7	12.1	15.6	25.7	14.6	17.2	19.0	22.0
Did not participate in any physical activity	20.5	16.1	28.6	21.5	15.1	20.9	12.2	8.7	15.1	19.3	9.4	13.0	12.6	16.2
Have been told have diabetes	15.8	5.1	9.7	11.8	4.5	9.5	4.9	5.0	5.7	8.5	3.2	5.5	6.6	7.0
Have high blood cholesterol	40.1	33.4	38.2	37.7	23.3	34.7	39.7	32.1	32.3	34.3	37.8	32.3	37.0	34.9
Had coronary heart disease or heart attack	4	3	4	3	7	5	3	2	3	3	3	3	3	3
<b>City Plans</b>														
<b>Individual Planning Documents (n=5)</b>	<b>1</b>	<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>1</b>	<b>3</b>	<b>2</b>	<b>5</b>	<b>2</b>	
Bicycle Master Plan	0	1	1	1	1	0	1	1	0 <sup>oo</sup>	1	1	1	0	
Pedestrian Master Plan	0	1	1	1	1	0	1	1	0 <sup>oo</sup>	1	1	1	0	
<b>Pedestrian Access</b>														
<b>Walkable Access as an Explicit Major Goal</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>1</b>	
<b>Access Strategies (n=20)</b>	<b>11</b>	<b>14</b>	<b>10</b>	<b>13</b>	<b>13</b>	<b>9</b>	<b>9</b>	<b>12</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>13</b>	<b>11</b>	
Coordinate new sidewalks with routes to schools	1	1	1	1	1	1	1	1	1	1	1	1	1	
Seek to complete sidewalk network connectivity	0	1	0	1	1	0	0	0	1	0	0	1	0	
Identify and prioritize pedestrian infrastructure construction projects	1	1	1	1	1	1	1	1	1	1	1	1	1	
Inventory of existing pedestrian facilities	1	1	0	1	0	0	1	1	0	1	1	1	1	
Provide pedestrian through block connections/access	0	0	0	0	0	0	1	0	0	0	0	0	0	

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<b>Pedestrian Safety</b>														
<b>Pedestrian Safety as an Explicit Major Goal</b>	1	1	0	0	0	0	0	1	1	1	0	1	0	
<b>Safety Strategies (n=16)</b>	<b>7</b>	<b>9</b>	<b>7</b>	<b>9</b>	<b>9</b>	<b>8</b>	<b>9</b>	<b>8</b>	<b>9</b>	<b>7</b>	<b>12</b>	<b>13</b>	<b>9</b>	
Sidewalks +	1	1	1	1	1	1	1	1	1	1	0	1	1	
Crosswalks +	1	0	1	1	1	1	1	1	1	1	1	1	1	
Curb extensions (bulb outs)	0	0	0	0	1	0	0	0	1	1	1	1	1	
Short block lengths	0	0	0	0	1	1	0	0	1	0	0	1	0	
Pedestrian-oriented lighting +	1	1	1	1	1	1	1	1	1	0	1	1	1	
Unspecified traffic calming +	0	1	0	0	0	0	1	0	0	0	1	1	0	
<b>Pedestrian Experience (Comfort)</b>														
<b>Pedestrian Experience as an Explicit Major Goal</b>	0	1	0	0	0	0	0	0	0	0	0	0	0	
<b>Experience Strategies (n=12)</b>	<b>4</b>	<b>7</b>	<b>9</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>7</b>	<b>6</b>	<b>6</b>	<b>4</b>	<b>6</b>	<b>9</b>	<b>5</b>	
Addition of "street furniture" (e.g., benches, awnings, canopies)	1	1	1	1	1	1	1	1	1	1	1	1	1	
Landscaping + (e.g., street trees, planting buffer, etc.)	1	1	1	1	1	1	1	1	1	1	1	1	1	
Signs/wayfinding +	1	1	1	1	1	1	1	1	1	1	1	1	0	
Gathering places (e.g., plazas, courtyards, pocket parks)	0	0	1	1	0	1	1	1	1	0	0	1	0	
Crime-reduction principles	0	0	0	0	0	0	1	0	0	0	0	0	0	
"Eyes on the street/multiple uses for street" +	0	0	0	0	0	0	0	0	0	0	0	1	1	
<b>Bicycle Access, Safety, &amp; Experience (Comfort)</b>														
<b>Bicycle Access as an Explicit Major Goal</b>	0	1	0	0	1	0	1	0	0	1	0	1	0	
<b>Bicycle Safety as an Explicit Major Goal</b>	0	1	0	0	0	0	0	1	1	1	0	1	0	
<b>Safety Strategies (n=7)</b>	<b>2</b>	<b>2</b>	<b>4</b>	<b>5</b>	<b>5</b>	<b>3</b>	<b>6</b>	<b>4</b>	<b>7</b>	<b>3</b>	<b>3</b>	<b>7</b>	<b>3</b>	
Bicycle Lanes	1	1	1	1	1	1	1	1	1	1	1	1	1	
Buffered bicycle lanes	0	0	0	0	0	0	1	0	1	0	0	1	0	
<b>Bicycle Experience as an Explicit Major Goal</b>	0	1	0	0	0	0	0	0	0	0	0	1	0	

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<b>Infrastructure</b>														
Connectivity (Bicycle - Pedestrian - Transit)	1	1	1	1	1	1	1	1	1	1	1	1	0	
Addresses Multimodal Infrastructure	1	1	1	1	1	1	1	1	1	1	1	1	1	
Complete Streets	1	1	1	1	1	0	0	0	1	1	0	1	1	
<b>Equitable Access</b>														
<b>Pedestrian Access for People with Disabilities and Special Needs Addressed in Plan</b>	1	1	1	1	1	1	1	1	1	1	1	1	1	
Pedestrian Access as an Explicit Major Goal	0	1	0	0	0	0	0	0	0	0	0	1	0	
Pedestrian Access for Special Needs as an Explicit Goal	0	0	0	1	1	0	0	0	0	0	1	0	1	
Pedestrian Universal Design (All Ages & Abilities)	1	0	1	1	1	0	1	1	0	1	1	1	1	
<b>Bicycle Access for People with Disabilities and Special Needs = Goal</b>	0	0	0	0	1	0	1	1	0	0	0	0	0	
Bicycle Universal Design (All Ages & Abilities)	0	1	1	1	1	0	1	1	0	1	1	1	0	
<b>Equity Language Specific to (n=4)</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>3</b>	<b>0</b>	
Pedestrian	0	0	0	1	0	0	0	0	0	0	0	1	0	
Bicycle	0	0	0	1	0	0	0	0	0	0	0	1	0	
Transit	0	0	0	1	0	0	0	0	0	0	0	1	0	
General Language, not specific to mode	0	0	0	0	1	0	1	0	1	1	1	0	0	

\* Health data listed for Mercer Island (pop. 24,000) includes residents from Hunts Point (434), Clyde Hill (pop. 3,000), and Yarrow Point (1,000).

\*\* Population reported for King County, WA is from 2015 *Source: U.S. Bureau of Economic Analysis; Washington Office of Financial Management*

(+) denotes strategies that both support pedestrian safety and experience

°° Redmond's Transportation Master Plan includes detailed chapters outlining bicycle and pedestrian related policies